

Selected Evidence-Based Programs to Support Early Childhood Positive Social and Emotional Development in Classroom and Small Group Settings

Intervention	Delivery Setting	Who delivers the intervention and other relevant information	Training/requirements	Costs	Links for more information
Al's Pals	preschools, child care centers, community-based programs	Teaching staff trained by Wingspan	Training is required and can be done in person or online. Training in person takes 2 days and training online consists of 7 two hour sessions over several weeks.	Curriculum kit (per classroom): \$685 Evaluation services: \$300 per classroom (minimum 4 classrooms).. Training costs depend on where the training is held. Contact for more info.	http://wingspanworks.com/training-options/
Incredible Years	Depends on the program: schools, community-based organizations, etc.	Group leaders of the Parenting Training and Small Group Therapy Dinosaur Treatment programs can come from a variety of helping professions, such as social work, cognitive psychology, nursing, medicine and education. At least one of the two group leaders should have at least a Masters degree. Group leaders of the Teacher Classroom Management program may be experienced teachers, school psychologists, principals, or social workers with school-related background. The Classroom Dinosaur prevention program is delivered by preschool or primary school teachers possessing a bachelor's degree at minimum.	Training is not required, but is highly recommended. There are self-study materials. Training by a certified mentor or trainer is the first required step to become certified/accredited as a group leader. Group leader certification is required to conduct any research projects using The Incredible Years programs.	Materials costs vary; see website. Training costs depend on type and location (Seattle or other location) <i>Seattle Training Costs:</i> 3-day (21 hours) parent, teacher or child training: \$500 2-day trainings (Baby, Advance, Attentive Parenting) : \$375 1-day update or consultation day: \$200.	http://incredibleyears.com/programs/implementation/ http://incredibleyears.com/order/
Promoting Alternative Thinking Strategies (PATHS) Preschool/ Kindergarten	School	Educators and counselors. The PATHS Preschool program, with Instructor's Manual, Curriculum Manuals and parent involvement materials, can be easily integrated into existing learning environments. Timing and frequency of sessions can be adapted to suit individual classroom needs.	2-day workshop (limited to 30 participants); usually conduct introductory day, followed by teachers taking time to use the beginning lessons and skills, and then a second day is held 4-8 weeks later. PATHS training can be obtained on-site at schools or agencies, or at a centralized location. Principals and other support staff encouraged to attend.	\$839 per classroom module Contact for more info. on training.	http://www.channing-bete.com/prevention-programs/paths/prek-k/components-and-pricing.html http://www.pathseducation.com/what-is-paths/paths-training http://www.childtrends.org/programs/promoting-alternative-thinking-strategies-paths-for-preschool/
Adults and Children Together (ACT) Against Violence Raising Safe Kids	Schools, prisons, churches, community centers, childcare centers and mental health clinics	A professional coming from fields such as psychology, social work, nursing, early childhood education, among others.	ACT facilitators must have a minimum of an associate's degree (bachelor's degree preferred) and have organizational/community support and previous knowledge about the program curriculum. Training: two-day workshop, then conduct one 8-week parenting program group, record one activity for review by ACT coordinator.	Some materials can be directly accessed from the program's Web site. Other materials can be ordered, and range from \$10 to \$20. Contact for more info. on facilitator training.	http://www.apa.org/act/training-certification/index.aspx http://www.apa.org/act/training-certification/parents-caregivers/index.aspx
Second Step	School	Teachers implement the lessons and activities; take-home activities available to reinforce lessons.	Classroom kit must be purchased online. Free online training comes with the kit.	\$440 for the early learning classroom kit (includes online training)	http://www.cfchildren.org/second-step/early-learning