

Teaching Friendship Skills
Acronym Cheat Sheet

How do we plan and teach friendship skills?

DAPPER

Demonstrate

Add picture

Practice

Plan

Extend

Reinforce

How do we respond to friendship conflicts?

I CARE

I- intent (Analyze the intent)

C- calm (How can you help the child regulate?)

A- acknowledge (Acknowledge emotion, intent, desire)

R- rewind (Re-try the situation using a friendship skill)

E- echo (Echo back the situation, skill, and effects)