



#ecewebinars

USING STORYTIME TO GROW EXECUTIVE FUNCTION AND SELF-REGULATION IN ECE: SETTING THE STAGE FOR SUCCESS

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EVERY CHILD READY TO READ



- Parent education initiative of the American Library Association
- Launched in 2000
- Curriculum materials used for training staff, parents, and caregivers since 2004
- Research incorporated into storytimes



AGENDA:



- Introductions
- What are "executive function" or "soft" skills?
- Why are these skills important?
- How do we help children develop these skills?
- Questions? Suggestions?





THESE ARE OUR STORYTIME FACES





POLL



WHAT ARE EXECUTIVE FUNCTION OR "SOFT" SKILLS?

“Executive function and self-regulation skills are the mental processes that enable us to plan, focus attention, remember instructions, and juggle multiple tasks successfully.”

<http://developingchild.harvard.edu/science/key-concepts/executive-function/>



LIFE TODAY IS...



EXECUTIVE FUNCTION THE BOSS

“Hard” skills: measurable, specific. WHAT you know



“Soft” skills: harder to quantify. How we get along with others and use information



WHAT ARE THE SKILLS?

- Self-regulation
- Mental flexibility
- Working memory

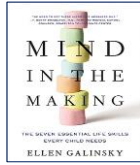
<http://developingchild.harvard.edu/science/key-concepts/executive-function/>





SEVEN ESSENTIAL LIFE SKILLS

- Focus and self-control
- Perspective-taking
- Communicating
- Making connections
- Critical thinking
- Taking on challenges
- Self-directed, engaged learning





WHY IS DEVELOPING SOFT SKILLS IMPORTANT?

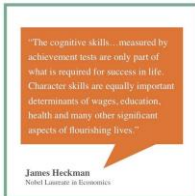
“In a Google generation, where there are facts at your fingertips, the person who will later be called boss will be the person who can put those facts together in new and innovative and creative ways.”

—Kathy Hirsh Pasek





WHY IS DEVELOPING SOFT SKILLS IMPORTANT?



<https://heckmanequation.org/resource/the-hard-facts-behind-soft-skills/>



SELF-REGULATION

- Taking turns
- Movement activities
- Keeping hands to yourself
- Answering questions
- Sitting
- Paying careful attention
- "I Spy" games



SELF REGULATION BOOK SUGGESTIONS



SELF REGULATION BOOK SUGGESTIONS



SELF REGULATION



I LOVE CAKE

CONTROL YOUR BODY



IS EVERYONE READY FOR FUN?



SELF MONITOR

SELF REGULATION



LION'S LUNCH?



CONTROL EMOTIONS

WAIT YOUR TURN



LLAMA LLAMA TIME TO SHARE

MENTAL FLEXIBILITY

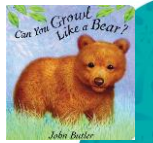
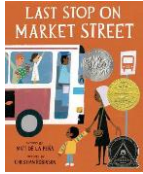
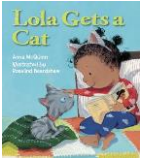
- DIVERSE BOOKS
- Trying on roles/pretend
- Answering questions
- Sorting/matching games
- Listening without judgement/making mistakes
- Non-fiction/background knowledge



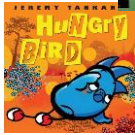
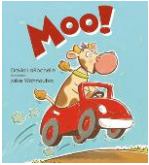
Text → Text
Text → Self
Text → World



MENTAL FLEXIBILITY BOOK SUGGESTIONS



MENTAL FLEXIBILITY BOOK SUGGESTIONS



We Need Diverse Books:
weneeddiversebooks.org



MENTAL FLEXIBILITY

ONE FAMILY

TEXT TO TEXT/SELF
BACKGROUND KNOWLEDGE



TEXT TO WORLD/SELF
CREATIVITY



LOLA GETS A CAT





MENTAL FLEXIBILITY

LAST STOP ON MARKET STREET



TEXT TO WORLD/SELF
THINK CRITICALLY

TEXT TO SELF PROBLEM SOLVE



HUNGRY BIRD

WORKING MEMORY

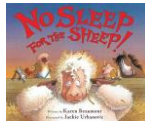
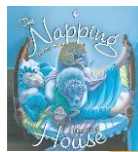
- Asking recall questions
- Flannelboard memory games
- Explaining something/sequencing
- Making connections/activating prior knowledge
- Cumulative songs/games
- Following directions
- Repeating refrains in books



"What happened when..."

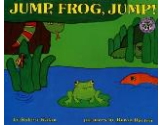


WORKING MEMORY BOOK SUGGESTIONS





WORKING MEMORY BOOK SUGGESTIONS





WORKING MEMORY

RETAIN IN THE MEMORY
WHAT YOU READ EARLIER



OH NO!

HOORAY FOR HAT



COMMUNICATE FEELINGS
EMPATHY
REPETITION



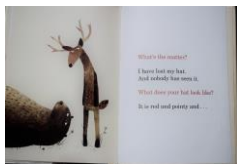
WORKING MEMORY

NO SLEEP FOR THE SHEEP

SHARE INFORMATION
REMEMBER WHAT YOU SAW EARLIER



RETAIN DIRECTIONS
REPETITION



I WANT MY HAT BACK

GROWTH MINDSET



GROWTH MINDSET

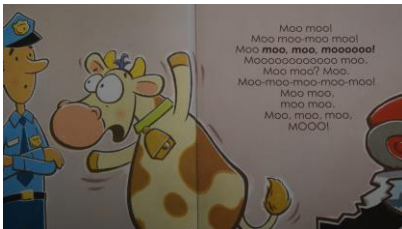


“In a fixed mindset, people believe their basic qualities, like their intelligence or talent, are simply fixed traits....In a growth mindset, people believe that their most basic abilities can be developed through dedication and hard work—brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishment.”

--Carol Dweck



HAVE FUN!





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QUESTIONS? COMMENTS?

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