

Transforming Challenging Behavior Through Leadership of Your Program



Mindset, Play and Theater Techniques



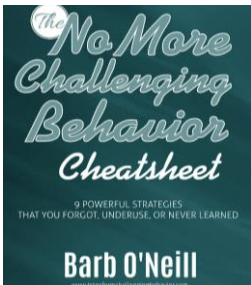
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What you'll learn in this webinar...

- ➔ a **mindset** activity for staff meetings
- ➔ behavior prevention through **play**
- ➔ my top 2 tips for **family collaboration**
- ➔ 3 **transition/circle time strategies**
- ➔ how to **learn more!**

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Get your cheat sheet!

- Download it for free.
- Print it.
- Share it with teachers.
- Share link w/colleagues.

Get info & free resources from me every 2 weeks.











Mindset Exercise

You can do this with your staff.









Fixed vs. Growth Mindset

Fixed Mindset	Growth Mindset
<ul style="list-style-type: none"> ✓ Avoid challenges ✓ Gives up easily when faced with obstacles ✓ Sees effort as fruitless ✓ Ignores useful feedback ✓ Threatened by others' success <p>→ intelligence and ability are static</p>	<ul style="list-style-type: none"> ✓ Embraces challenges ✓ Persist despite obstacles ✓ See effort as a path to mastery ✓ Learns from feedback ✓ Inspired by others' success <p>→ intelligence and ability can be developed</p>

Carol Dweck

Fixed vs. Growth Mindset

Early Childhood – Ideas About Behavior

Fixed Mindset	Growth Mindset
<ul style="list-style-type: none"> ✓ Believe specialists should "fix" challenging behavior ✓ Gives up easily when not seeing immediate results ✓ Sees effort as fruitless when families don't follow through ✓ Ignores useful feedback ✓ Threatened by others' success <p>→ Focused only on lack of training and lack of success</p>	<ul style="list-style-type: none"> ✓ Embraces challenging behavior as part of the job! ✓ Persist despite obstacles ✓ See effort as a path to mastery ✓ Learns from feedback ✓ Inspired by others' success and open to new ideas <p>→ The ability to support children who use challenging behavior can be developed</p>

Carol Dweck

Set a Positive Intention

for a **growth mindset** re: behavior

Tips:

- write it in the present tense
- word it *as if* it's already true
- "I'm *going to*..." "I'm *trying to*..."
- Eg. "I am confident and skilled..."

"I am skilled at working with children who use challenging behavior"



"The 'difficult' children are my favorites and I feel gratified helping children and families who are in crisis"



"I have tools to prevent challenging behavior and my confidence and skill is increasing daily"



Set a Positive Intention

I have tools to prevent challenging behavior and my confidence and skill is increasing daily

The "difficult" children are my favorites and I feel gratified helping children and families who are in crisis

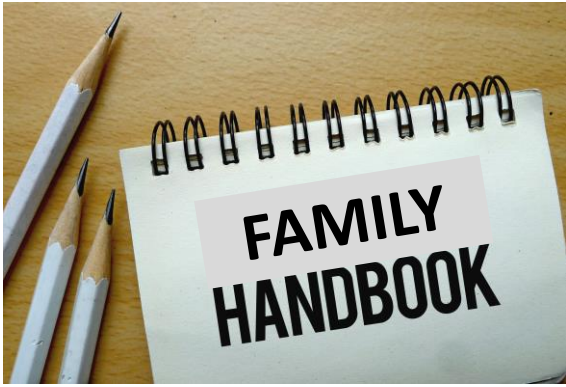
I am skilled at working with children who use challenging behavior

Or create your own!

POLL
families complaining

What do you do to prevent families' from complaining about other children's behavior?

- a. Describe our challenging behavior practices in our handbook.
- b. Proactively tell them: biting is expected in toddler classes.
- c. Find multiple ways to communicate the above.
- d. I have taken 2-3 of the above steps + more**
- e. Oops, maybe I could do more to proactively set expectations.











POLL
families not taking recommendations

A good thing to do when a family member does not take your recommendations for preventing challenging behavior is...

- a. find another way to say it so maybe they'll understand
- b. throw my hands up in frustration
- c. document the unwanted behavior and share daily
- d. all of the above
- e. **none of the above**

















PLAY.



POLL
teachers' role in play

Which of the following are recommendations for how teachers should promote children's play?

- a. imitate actions children are doing during play
- b. take on a role during pretend play; help move the action along
- c. ask a child to buddy up and play with a child who plays alone
- d. all of the above**
- e. none of the above







IMITATION
IMITATION





Imitate *and Expand*



**Prompt interaction
between children**

**...maybe
ask them to buddy up!**



Strategies to Support Play

1. Get in there and *PLAY!*
2. Imitate children's actions
3. Imitate *and expand* aka "yes, and"
4. Prompt interaction
5. Ask one child to buddy up with another

My Top 3 Strategies for increasing engagement and preventing challenging behavior during transitions and circle time

POLL
transitions





1. songs with *embedded directions*



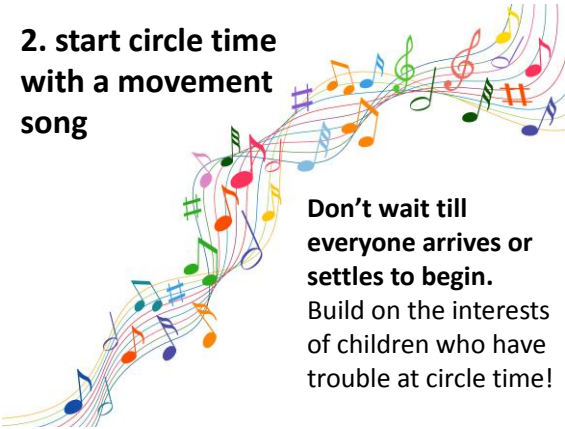








2. start circle time with a movement song



Don't wait till everyone arrives or settles to begin.
Build on the interests of children who have trouble at circle time!





POLL
circle time



STOP doing:

1. Attendance
2. Calendar
3. Discussion

at circle time if you are seeing behavior challenges during these activities

	Jan 1	Jan 2	Jan 3	Jan 4	Jan 5
ter	✓	✓	✓	✓	✓
Charlotte	✓	✓	✓	✓	✓
Emma	✓	✓	✓	✓	✓
Hailey	✓	✓	✓	✓	✓
Hunter	✓	✓	✓	✓	✓
Isabella	✓	✓	✓	✓	✓
Jada	✓	✓	✓	✓	✓
Joseph	✓	✓	✓	✓	✓
Kayleigh	✓	✓	✓	✓	✓



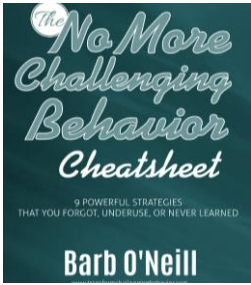




3. use a puppet...maybe a *class* puppet



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Let me know how it goes!

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