

Facilitating Meaningful Online Experiences with Young Children: Unexpected Challenges and Joyful Opportunities in Action



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You'll stay on the couch! You'll stay in your room!
You'll stay in a chair for a meeting on Zoom!
You'll stay in the bathroom—a brief getaway!
There are so many places at home you will stay!



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TOILET PAPER?!

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WAITING FOR YOU
 --Bev Bos

*We've been waiting for you to come to
 this place,
 Waiting for you to come to this place,
 Wherever you're from,
 We're glad that you've come.
 We've been waiting for you to come to
 this place.*

WE'VE BEEN WAITING FOR YOU

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THE WHYS

1. The journey and what I've learned
2. **Sharing joy**
3. It begins with US
4. **Rituals and traditions for this time**
5. Sharing experiences from programs
6. **Remember, reflect, share, uplift**

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"I've learned that people
 will forget what you said,
 people will forget what you did,
**but people will never forget
 how you made them feel."**
 —Maya Angelou

People

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The Journey....



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Happy Heart Hunt

During the COVID-19 pandemic, let's send our love to the world!

It's easy!

1. Cut out a heart of any size from any material (craft paper, cardboard, wrapping paper, newspaper, fabric, etc).
2. Decorate your heart with a positive message or leave it blank.
3. Tape your heart to a street-facing window to show your love to all.
4. As you walk streets, go on a family walk or drive & see how many happy hearts you can find.

Kids for Peace

kidsforpeace

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Kindness Resources

We need to distance ourselves, but that doesn't mean we can't help each other. During difficult times, we often see the most beautiful acts of kindness. If you're home and looking for things to do to keep busy, scroll down for a list of resources to help! We will get through this sooner if we take care of ourselves and each other (without risking contagion).

Kindness is a powerful tool. Let's use it.

<https://www.randomactsofkindness.org/>

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Joyful*

THE SURPRISING POWER OF ORDINARY THINGS TO CREATE EXTRAORDINARY HAPPINESS

INGRID FETELL LEE

UNABRIDGED • READ BY THE AUTHOR

find
JOY
in the
ORDINARY

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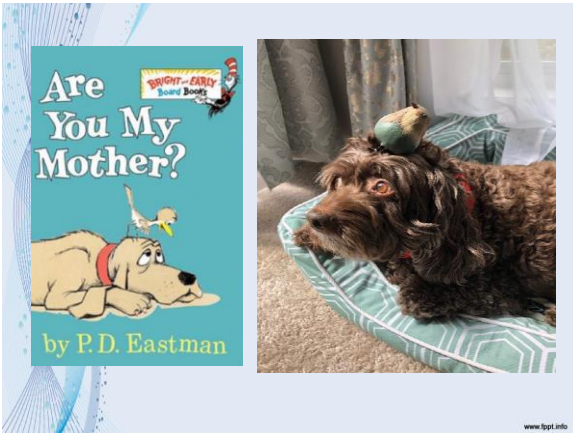
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A friend shared this on his page

Ken Buck
1 hr

We gave educators almost no notice. We asked them to completely redesign what school looks like and in about 24 hours local administrators and teachers “Apollo 13”ed” the problem and fixed it. Kids learning, children being fed, needs being met in the midst of a global crisis. No state agency did this, no so-called national experts on curriculum. The local educators fixed it in hours. HOURS.

In fact, existing state and federal policies actually created multiple roadblocks. Local schools figured out how to do it around those too. No complaining and no handwringing - just solutions and amazingly clever plans.

Remember that the next time someone tries to convince you that schools are better run by mandates from non-educators. Remember that the next time someone tells you that teachers have it easy or try to persuade you that educators are not among the smartest, most ingenious people in society. And please never say to me again, “Those who can’t do anything else just go into teaching.”

Get out of the way of a teacher and watch with amazement at what really happens.

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April 2020 Happiness Calendar

This month, find resilience and reduce anxiety. Keep up with the latest on the science of connection, compassion, and happiness by subscribing to our newsletters.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 Greater Good Science Center Visit the latest self-being stories to help you strengthen your identity.</p> <p>1 Are you chomping to please? Here are six questions to ask yourself each day.</p> <p>1 It's hard for young people to be stuck at home. Here's how to help them see the bigger picture.</p> <p>1 Checking in with your physical body can bring a sense of calm.</p> <p>1 Some people are more anxious than others. Find out how to support them when they are struggling.</p>	<p>2 Find the latest self-being stories to help you strengthen your identity.</p> <p>2 In the midst of our panic, around COVID-19, we can look to each other to get through it.</p> <p>2 Teachers and parents may be feeling desperate right now. Here are some books for staying centered.</p> <p>2 Knowing more facts about COVID-19 can help us fight panic.</p> <p>2 Another response for parents with kids home from closed schools. Playwork's lessons received.</p> <p>2 A body scan meditation can help ease tension.</p> <p>2 Can you find common ground with everyone, rather than excluding certain people from your circle?</p>	<p>3 Have some valuable advice on knowing when to say no so you can get stuff done.</p> <p>3 Check out these tips for staying calm in a world that isn't.</p> <p>3 There are so many reports of family members during the coronavirus pandemic. Here are ways to help them.</p> <p>3 By this subtle way to reduce loneliness, try this technique.</p>	<p>4 There are three ways school closures can help you strengthen your identity.</p> <p>4 Having a hard time coping with your current situation? Here's how you can get stuff done.</p> <p>4 Mindful breathing can be very helpful for anxious times.</p> <p>4 Click through for the science-backed ways to build resilience.</p> <p>4 Rick Hansen suggests working on these 11 core strengths to grow resilience.</p> <p>4 A compassion meditation can help you strengthen feelings of love and sympathy for others.</p>	<p>5 Feeling overwhelmed by the world's problems? Here's how to avoid feeling that way.</p> <p>5 Even in self-isolation, ask yourself: "What's the one thing I'm doing that I'm proud of?"</p> <p>5 Click through for the science-backed ways to build resilience.</p> <p>5 Take care of yourself. Your emotional well-being can also help those around you.</p> <p>5 Make time in your busy schedule for those core human needs.</p> <p>5 Now may be the time to try our online course, offering skills to boost resilience and well-being in your life.</p>	<p>6 Check out this practice on gaining perspective on negative events. You may find it reduces your anxiety.</p> <p>6 A huge thank you goes to a healthcare worker. Here are some ways to protect your own well-being.</p>	

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TAKING CARE OF US!

LAUGHTER, CONNECTION, MUTUAL SHARING!

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**VALUES—
BEING
INTENTIONAL**

If the world is to be healed through human efforts, I am convinced it will be by ordinary people, people whose love for this life is even greater than their fear.

— Joanna Macy

COURAGE
PassItOn.com

What can one person do?

INSPIRATION
Pass It On.
VALUES.COM | 800.233.8888

Adopt caring values that guide integrity and activate empathy to help others

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Where are the children now?

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**LETTING CHILDREN KNOW THEY MATTER!
IT'S ALL ABOUT CONNECTION!**

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— ” —

When a child walks in the room, your child or anybody else's child, do your eyes light up? That's what they're looking for.

— ” —

TONI MORRISON
AUTHOR

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CURRICULUM THAT INSPIRES AND CONNECTS-CREATE EXPERIENCES

“Many teachers spend their time searching for activities. The best teachers spend their time creating experiences.”
Dr. Nathan Lang-Raad

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EXPERIENCE IS NOT THE BEST TEACHER - IT IS THE ONLY TEACHER.

BEV BOS

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Each day during the Week of the Young Child has a theme—this year all related to HOME! Children, families, teachers & staff are encouraged to dress up according to the daily theme. Be as creative as you can! Take photos of your family participating each day and send them to your classroom teachers or administrators.

Monday April 13	Make Yourself @Home	Wear your lounge attire! Have a pajama party and read your favorite bedtime stories throughout the day. Consider breakfast for dinner!
Tuesday April 14	Hit a Home Run	Celebrate your favorite sports team. Go outside and play a game!
Wednesday April 15	There is no place like Home <small>(except where we're going)</small>	Show your HRCCC class/age group pride by wearing Yellow, Purple, or Blue! Toddler Preschoolers Share what you miss about HRCCC. What will you do that when you come back? Share an interesting story about the place at home!
Thursday April 16	We are HOMIES	Wear matching clothes with the people in your house. Play a game of Follow the Leader! Then switch and on the other person lead.
Friday April 17	Home Away From Home	Break out an outfit fit for your favorite destination. Tell a story about your trip (real or imaginary) to this destination.

The Week of the Young Child is an Annual Celebration sponsored by NAEYC to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs.

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FROM THE SPIRIT SQUAD-HRCCC

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DO YOU LOVE CHILDREN'S BOOKS???

<https://archive.org/>

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Earth Day

As we celebrated Earth Day, we are thankful for this beautiful planet and all that it has given us. Following are the Earth Day contributions pictures that the HRCCC staff have shared. The collage below shows beautiful plant that the staff has observed, on daily walks and runs, building compose, and using recyclables newspaper, scraps of fabric, and paint to create art! Many thanks to the staff for all your contributions!

Paige Here are two photos I took on my run today. I love dandelions because I love to make wishes! Also this time of year I love smelling the honeysuckle.

EARTH DAY Earth Day is held annually in the spring, to inspire awareness of and appreciation for the Earth's environment.

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Cooking with Mrs. Maryam

COOKING WITH MRS. MARYAM!

PIZZA

A COOKING "SHOW"!

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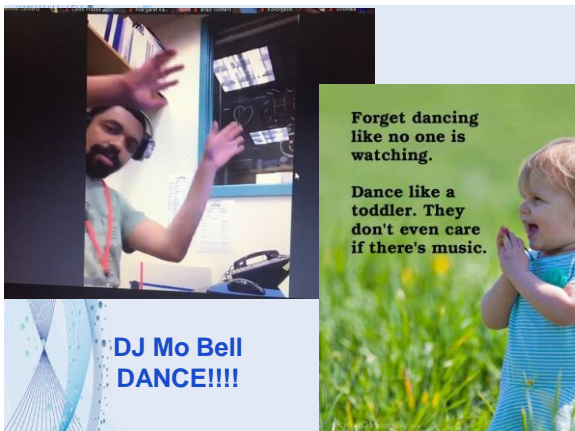
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FORTS

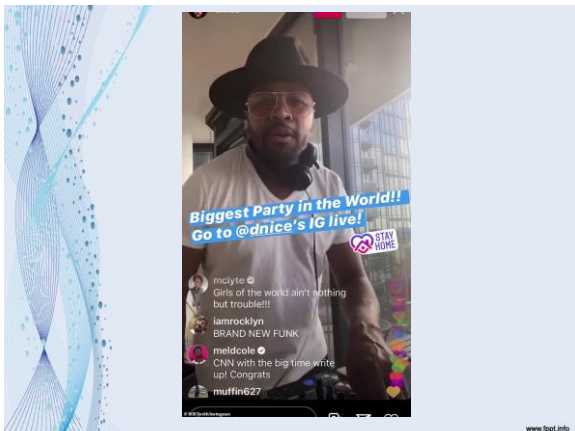


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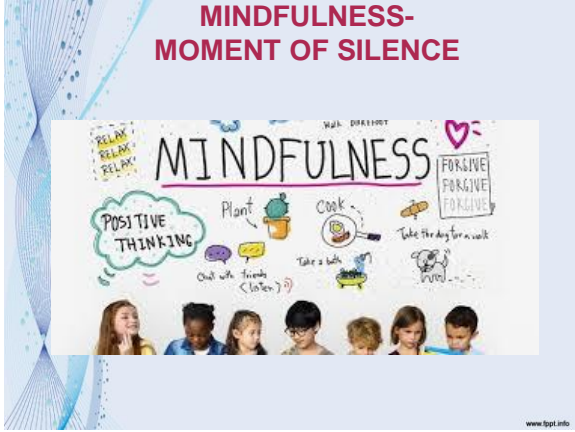


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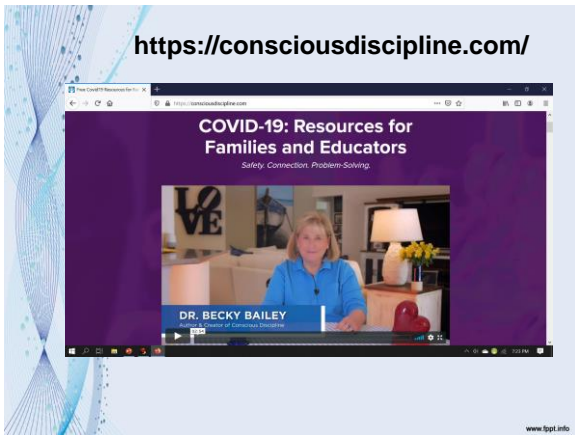
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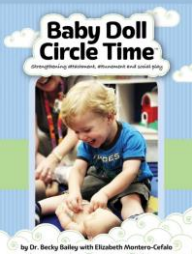



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BABY DOLL CIRCLE TIME

Dr Becky Bailey,
Baby Doll Circle Time

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TRANSITION

GET YOUR BABY...

(to the tune of "Oh, My Darling" ...)

"Get your baby,
Get your baby,
Get your baby,
Time to play."

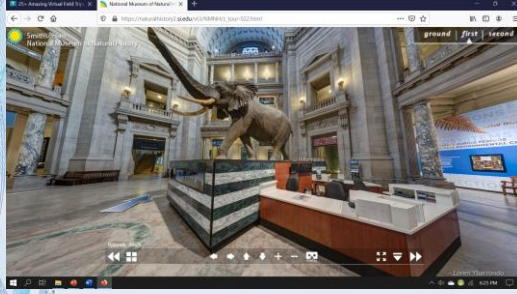
Get your baby,
Get your baby,
Get your baby,
Time to play."



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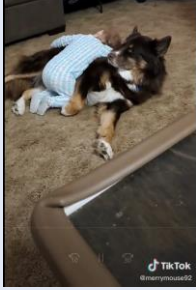
VIRTUAL FIELD TRIPS



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**SING YOUR HEART OUT!!
(BUT ONE AT A TIME!!! 😊)**



<https://www.youtube.com/watch?v=3DyWx4qZHDs>

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RITUALS:

“Rituals are procedures or routines that are infused with deeper meaning. They help make common experiences uncommon events” (Deal & Peterson 1999, 32).




TRADITIONS:

Traditions are meaningful events or experiences that a class or program has created and that are expected to occur regularly.

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“Everyday moments of collective effervescence can make us feel more connected to others, and make us feel as if our life has meaning,” says Shira Gabriel PhD. “Our research suggests that people who experience these things a lot are likely to be happier and feel less anxious and depressed.”



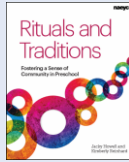
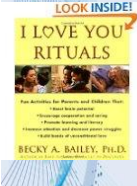
“Look for ways to engage in new rituals when possible, she suggests. “It may be a virtual or digital one, where the sense of connection is perhaps a little less tangible, but it’s still very important,” says Gabriel.”

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INTENTIONAL RITUALS CREATE CONNECTIONS: SOCIAL PLAY

"Kindness is a skill that can be practiced over time...like riding a bike.... (We) learn it so well it becomes automatic (Roeser 2014)



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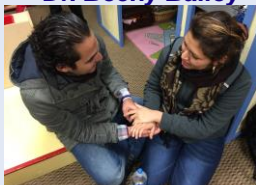


ACTS OF KINDNESS

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**A wonderful woman lived in a shoe.
She had so many children
She knew exactly what to do.
She held them, she rocked them,
She tucked them in bed,
"I love you, I love you",
Is what she said.
--Dr. Becky Bailey**



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CHILDREN INSPIRING CHILDREN....

HIGHLIGHT



Little Big Shots
with Aelissa McCarthy



Jonah Larson
Hello, CROCHET Friends!

“ What you do makes a difference, and you have to decide what kind of difference you want to make. ”

- Jane Goodall

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EXPERIENCES...




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GUIDANCE FOR SUPPORTING YOUNG CHILDREN THROUGH COVID-19



Defending the Early Years
www.dey.org

<https://dey.org/>

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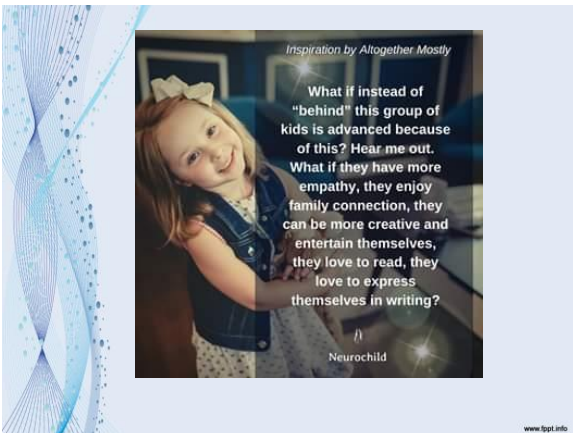
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Inspiration by Altogether Mostly

What if they enjoy the simple things, like their own backyard and sitting near a window in the quiet. What if they notice the birds and the daisies that the different flowers emerge, and the calming renewal of a gentle rain shower?

Neurochild

www.eppt.info

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Inspiration by Altogether Mostly

What if this generation is the one to learn to cook, organise their space, do their laundry, and keep a well run home? What if they learn to stretch a dollar and to live with less? What if they learn to plan shopping trips and meals at home?

Neurochild

www.eppt.info

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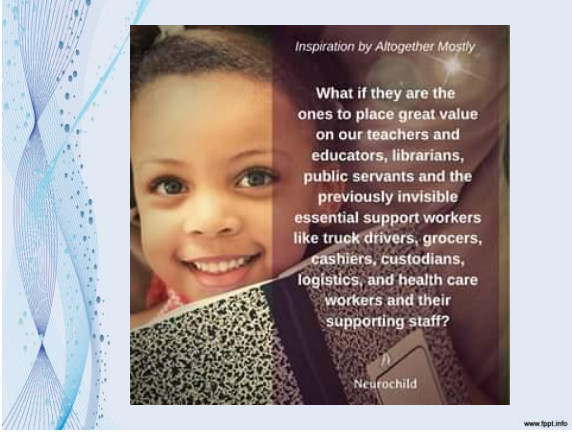
Inspiration by Altogether Mostly

What if they learn the value of eating together as a family and finding the good to share in the small delights of the everyday?

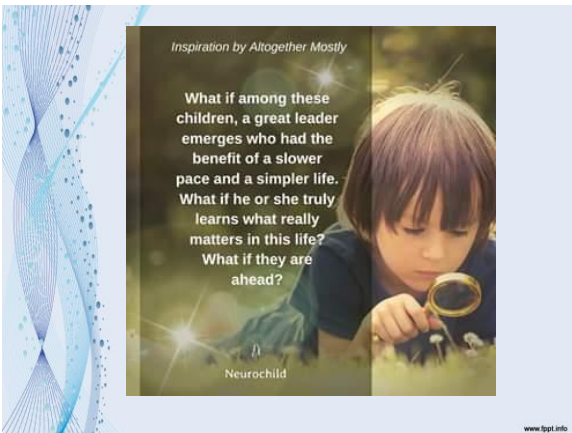
Neurochild

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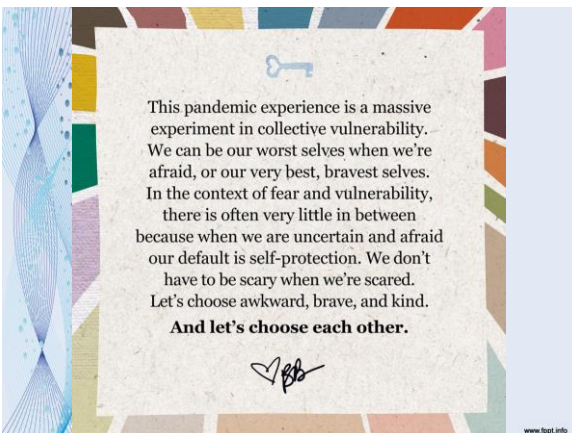
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I CAN REACHED FOR WORKSHOPS AND
CONSULTING AT:
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<https://www.azspire.com/>



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LEAN ON ME!
PLAYING FOR CHANGE
<https://playingforchange.com/pt/videos/lean-on-me-pt/>

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