

# The Five Commitments of Optimistic Leaders for Children

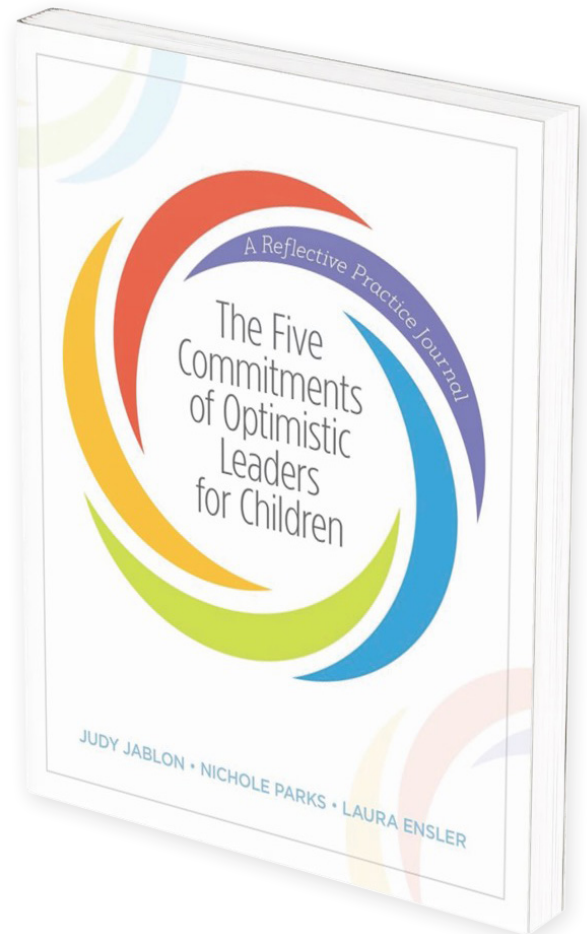
## A Reflective Practice Journal

JUDY JABLON NICHOLE PARKS LAURA ENSLER

### WHAT DOES IT TAKE TO BE AN OPTIMISTIC LEADER FOR CHILDREN?

This introduction to the five commitments offers self-reflection exercises and real-world examples to help early childhood professionals create an environment of nurturing relationships. As you complete this reflective practice journal, you will be introduced to each of the five commitments and then invited to explore how you express them through your personal identity, your interpersonal relationships, and your group interactions.

In a safe and brave space, we invite you to challenge biases, explore ways to develop an anti-racist stance, and be more intentional in your relationships at work. In doing so, you will develop your role as an Optimistic Leader for children, helping to create a healthy, collaborative, constructive climate for children's learning and development.



*“This reflective journal is a pathway for adults to reach their full potential, thus clearing the way for enriching children’s lives.”*

JERLEAN DANIEL, ASSOCIATE PROFESSOR  
EMERITUS, UNIVERSITY OF PITTSBURGH

*“Awe-inspiring, empowering,  
and intentional.”*

SHURONDA CLAIBORNE-COMMON,  
EARLY CHILDHOOD BUSINESS ADVISOR &  
CONSULTANT

*“[A] must-have guide for all leaders —  
seasoned and new. How I wish I had it  
as a new director!”*

BETH BYE, COMMISSIONER,  
CT OFFICE OF EARLY CHILDHOOD

## Facilitated Study Groups Begin March 2021

Find out how to host a study group by connecting with us at [info@leadingforchildren.org](mailto:info@leadingforchildren.org)



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